

AHS CAREGIVER NEWSLETTER

Caregivers – FROM THE HEART

RESIDENT’S RIGHTS:

The right to complain:

Present grievances to staff or any other person, without fear of reprisal and with prompt efforts by the facility to resolve those grievances.

Complain to the ombudsman program.

File a complaint with the state survey and certification agency.



The definition of the word ‘CAREGIVER’ is “Family member or paid helper who regularly looks after a child or a sick, elderly or disabled person.”

That definition does not begin to define the importance of a caregiver in the client’s life.

Sometimes a caregiver is a family member and sometimes it is someone who is not known to the client until they begin caring for them, there is

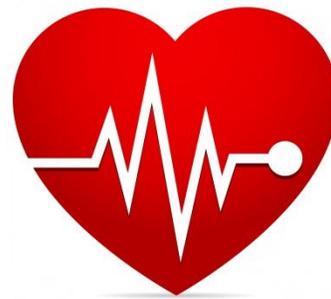
something that most caregivers have in common, though and that is **COMPASSION**. The definition of compassion is ‘a feeling of wanting to help someone Who is sick, hungry, in trouble, etc.’ Compassion comes from the heart. It is this compassion that makes the best caregivers. Not only are they doing a good job of caring for their client or family member, but they are doing it from their heart.

The definition of the word **TRUST** is “belief that

Someone or something is reliable, good, honest, effective, etc. “Many relationships are based on trust. This trust bond is important in a caregiver/client relationship. The client must trust their caregiver completely, not only with their care but

because the caregiver is in the home of the client.

COMPASSION and **TRUST** are two very important words in the description of a caregiver.



Caregiving skills can be learned, but compassion and trust are “skills” that come from deep inside.

A new version of work of the word CAREGIVER should be” **‘CAREGIVER – a compassionate/trustworthy person who desires to help a child or a sick, elderly or disabled person live their lives to the best of their ability.’**”

THANK YOU AMERICAN HEALTHCARE SERVICES, INC. CAREGIVERS!